



For Additional Information

Visit us online

- * Visit our website at www.eckankar-nm.org
- * Follow us on Facebook® at: www.facebook.com/EckankarNew-Mexico
- * Experience the sound of HU at www.hearhu.org
- * Subscribe or view the current issue of the Spiritual Wisdom Journal at www.spiritualwisdom-journal.org
- * View us on YouTube at www.youtube.com/user/eckankarofficialsite

Call us at 800-876-6704

ECK LIGHT AND SOUND SERVICES (ELSS)

An ECK Light and Sound Service is a celebration of God's love for Soul. The service offers you the chance to explore your own direct connection with the divine. Experience the sacred sound of HU, which can open your heart to divine love, healing, and inner guidance.

Eckankar welcomes people of all faiths and backgrounds. The service lasts about an hour.

BOOK DISCUSSIONS

Join others in exploring a book written by Harold Klemp, the Spiritual Leader of Eckankar, or another ECK author. An ECK book discussion is a fun way to share insights and experiences and learn more about Eckankar.

You are welcome to attend all or some sessions, as you wish.

SOUND OF SOUL

"Love is love. And you are that. HU is the Sound of Soul."

— Harold Klemp, *The Sound of Soul*

Join us and experience the Sound of Soul. Discover your inner guidance, healing for body, mind, and spirit, and a higher form of creativity by chanting the sacred sound of HU. Spiritual discussion and light refreshments afterward.

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

HU can uplift people of any religion, culture, or walk of life.

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

See the calendar of events on p. 2 for information on Sound of Soul events in your area. [TheSoundofSoul.org](http://www.TheSoundofSoul.org) (<http://www.TheSoundofSoul.org>)

NEW MEXICO SATSANG SOCIETY, INC., A CHARTERED AFFILIATE OF ECKANKAR



Harold Klemp
The Spiritual Leader
of Eckankar

CALENDAR OF EVENTS - MARCH, APRIL, MAY 2019

Date	Time	Event
Albuquerque		
Unless otherwise noted, all events take place at: New Mexico ECK Center in Albuquerque, 2501 San Pedro NE, Suite 113, Albuquerque, NM Event information: 800-876-6704		
March 10	10:30 AM	ECK Light and Sound Service (ELSS): <i>Reinvent Yourself Spiritually</i>
April 14	10:30 AM	ELSS: <i>The ECK Masters: Here to Help</i>
May 12	10:30 AM	ELSS: <i>Gratitude: The Key to Enjoying Life</i>
Every Friday	7:00 PM	Experience the Sound of Soul*
May 11	3:00 PM	Video of Harold Klemp's talk at Springtime seminar light refreshments follow
		* held at: North Domingo Baca Multigenerational Center 7521 Carmel Ave. NE, Albuquerque, NM 87113
Santa Fe		
Unless otherwise noted, all events take place at: Santa Fe Women's Club, 1616 Old Pecos Trail, Santa Fe, NM Event information: 800-876-6704		
March 17	10:30 AM	ELSS: <i>Light and Sound – the Wonders of God</i>
April 21	10:30 AM	ELSS: <i>Discover the Spiritual Laws of Life</i>
May 19	10:30 AM	ELSS: <i>Dreams a Source of Truth</i>
4 th Wednesday	7:00 PM	Experience the Sound of Soul*
		* held at: Prana Blessings 1935 Rosina St., Unit C, Santa Fe, NM 87505
Silver City		
All events take place at Center for Healing Arts, 300 W. Yankee St, Silver City		
2 nd and 4 th Mondays	6:30 PM	Experience the Sound of Soul

Eckankar on TV

Watch talks by Harold Klemp, the Spiritual Leader of Eckankar

Santa Fe: Channel 16 - Fridays at 6:00 PM and Sundays at 11:00 AM

Silver City: Channel 18 - Check local listings