



March 2018

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ECKANKAR, THE PATH OF SPIRITUAL FREEDOM

Eckankar teaches that there is an audible life current known as the ECK, or Holy Spirit, that connects each of us with the heart of God. We can experience the ECK as Light and Sound. Through study and practice of the Spiritual Exercises of ECK, we learn to recognize the Light and Sound of God as It touches our lives and brings increased divine love.

The spiritual leader of Eckankar is the Mahanta, the Living ECK Master. The Mahanta gives inner guidance through dreams, Soul Travel, and the Spiritual Exercises of ECK. Harold Klemp's inspiring talks and writings, and his practical approach to spirituality, help thousands of people worldwide find greater freedom, wisdom, and love. His teachings uplift and help people recognize their own experiences with the Light and Sound of God.



Harold Klemp
The Spiritual Leader
of Eckankar

SOUND OF SOUL

"Love is love. And you are that. HU is the Sound of Soul."

— Harold Klemp, The Sound of Soul

Join us and experience the Sound of Soul. Discover your inner guidance, healing for body, mind, and spirit, and a higher form of creativity by chanting the sacred sound of HU. Spiritual discussion and light refreshments afterward.

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

HU can uplift people of any religion, culture, or walk of life.

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

See the calendar of events on p. 3 for information on Sound of Soul events in your area. [TheSoundofSoul.org](http://www.TheSoundofSoul.org) (<http://www.TheSoundofSoul.org>)

NEW MEXICO SATSANG SOCIETY, INC., A CHARTERED AFFILIATE OF ECKANKAR

New Mexico ECK Center in Albuquerque Open Every Wednesday — Noon to 2:00 PM

- * Listen to the healing sound of HU
- * Browse the lending library
- * Purchase ECK Materials
- * Attend classes or discussions
- * Listen to recordings of Harold Klemp's talks
- * Visit with a volunteer or ask questions



ECK LIGHT AND SOUND SERVICE (ELSS)

You are warmly invited to our ECK Light and Sound Service. Each service focuses on an aspect of Eckankar and features a reading from the ECK works, singing HU, and often talks, music, and a group discussion of spiritual principles at work in daily life. The services last about an hour.

Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God. See calendar on p. 3 for a listing of ECK Light and Sound services in your area.

BOOK DISCUSSIONS

Join others in exploring a book written by Harold Klemp, the Spiritual Leader of Eckankar, or another ECK author. An ECK book discussion is a fun way to share insights and experiences and learn more about Eckankar.

Depending on the book, ECK book discussions meet either three or six times. You are welcome to attend all or some sessions, as you wish. See calendar on p. 3 for upcoming book discussions.



Special Event!

See and hear the Spiritual Leader of Eckankar, Harold Klemp, deliver his most recent public talk, given at the April 2018 ECK Springtime Seminar, held in Minneapolis. The video showing begins at 10:30 AM on Saturday, April 21st, at the New Mexico ECK Center in Albuquerque. The showing lasts about one hour and is free to the public. Please feel free to join us!

CALENDAR OF EVENTS - MARCH, APRIL MAY 2018

Albuquerque

Unless otherwise noted, all events take place at:

New Mexico ECK Center in Albuquerque, 2501 San Pedro NE, Suite 113, Albuquerque, NM
Event information: 800-876-6704

Date	Time	Event
Mar. 2	6:00 PM	Community HU Song
Mar. 11	10:30 AM	ELSS: <i>Experience the Sound of Soul</i>
Apr. 8	10:30 AM	ELSS: <i>Exploring the Language of Divine Love</i>
April 21	10:30 AM	Video of Harold Klemp's talk from the Springtime Seminar
May 13	10:30 AM	ELSS: <i>(Title to be announced)</i>
Every Wed.	12-2 PM	Open hours, New Mexico ECK Center in Albuquerque
Mar. Weds.	12:30-1:30 PM	Book discussion: <i>Spiritual Wisdom on Conquering Fear</i>
Apr. Weds	12:30-1:30 PM	Book discussion: <i>Spiritual Wisdom on Health and Healing</i>
May Weds.	12:30-1:30 PM	Book discussion: Book to be announced.
Every Friday	7:00 PM	Experience the Sound of Soul*
		* held at: North Domingo Baca Multigenerational Center 7521 Carmel Ave., NE, Albuquerque, NM 87113

Santa Fe

All events take place at:

Santa Fe Women's Club, 1616 Old Pecos Trail, Santa Fe, NM
Event information: 800-876-6704

Date	Time	Event
Mar. 18	10:30 AM	ELSS: <i>A Golden Contract with Divine Spirit</i>
April 15	10:30 AM	ELSS: <i>Karma: Lessons in Compassion and Grace</i>
May 20	10:30 AM	ELSS: <i>Karma: The Spiritual Power of Gratitude</i>

Silver City

Events held at Center for Healing Arts, 300 W. Yankee St, Silver City

Date	Time	Event
Mar. 12	6:30 PM	Community HU Song



"YOU ARE SOUL. YOU ARE THE ETERNAL BEING AND YOU WEAR THIS BODY. AT THE TIME OF PASSING OVER, YOU SHED THIS BODY AND IT TURNS TO DUST, BUT SOUL LIVES ON, BECAUSE SOUL IS ETERNAL.

"SOUL EXISTS BECAUSE GOD LOVES IT. GOD LOVES US. AND THIS LOVE MUST BE A TWO-WAY STREET."

—HAROLD KLEMP, *THE ROAD TO SPIRITUAL FREEDOM, MAHANTA TRANSCRIPTS,*
BOOK 17, P. 117

FIND MORE ONLINE

At the official Eckankar Website (www.eckankar.org), you will find the *Spiritual Wisdom Journal*. This is a quarterly online newsletter for people who want more spiritual perspective and encouragement, especially in uncertain times.

Each issue offers inspiring articles, uplifting stories, and dynamic spiritual exercises by Sri Harold Klemp, the spiritual leader of Eckankar. Known as a pioneer of "everyday spirituality," Harold Klemp helps people around the world find greater spiritual insight, wisdom through dreams, and relief from past-life burdens.

You can subscribe or view the current issue of the *Spiritual Wisdom Journal* at this address:
www.spiritualwisdomjournal.org

If you wish to know more about local events in New Mexico, follow us on Facebook® at: www.facebook.com/EckankarNewMexico



MEMBERSHIP IN ECKANKAR

Eckankar, The Path of Spiritual Freedom, can help you find answers to your deepest spiritual questions. Through ECK Light and Sound Services, books and book discussion classes, workshops, and seminars, you will find new ways to unfold spiritually.

Membership in Eckankar is available for those who wish to take their spiritual studies further. Members receive printed monthly lessons from the spiritual leader of Eckankar, Sri Harold Klemp, the Mahanta, the Living ECK Master. These lessons can be studied privately at home or with others in spiritual study (Satsang) classes.

For more information visit Eckankar's main Web site at www.eckankar.org; call 1-800-LOVE GOD, ext. F23; or write:

ECKANKAR
Att: Information, Dept. F23
P.O. Box 2000
Chanhassen, MN 55317-2000

A SPIRITUAL EXERCISE

HU is an ancient name for God. When you sing HU, you open your heart to the Light and Sound of God.

Here is a simple spiritual exercise to try. First, close your eyes and look gently to a point between your eyebrows.

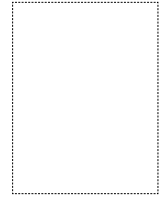
Then, softly sing HU (pronounced like the word "hue"). Now sit quietly for a few minutes. Watch and listen for the presence of God. It may come as a light or a sound, or in some other way.



Harold Klemp
The Spiritual Leader
of Eckankar

Wind from the Mountain

New Mexico ECK Center in Albuquerque
2501 San Pedro NE, Suite 113
Albuquerque, NM 87110
Phone: 800-876-6704



Forwarding and Address
Correction Requested



2018 ECK Springtime Seminar
Awaken to the Secret of Miracles
March 30-April 1, 2018
Minneapolis, Minnesota

Visit Eckankar in New Mexico
at www.eckankar-nm.org